



Our running program was developed to provide at-risk youth with the second chance that we all deserve. It is our mission to utilize physical activity as a catalyst to encourage, restore, and unify the participating youth in a supportive yet challenging environment.

## Our Vision

- Surround at-risk youth with a support group encompassing family members, school staff and positive community members.
- Teach youth how to make better life choices.
- Guide them along the way.
- Restore youths' trust within the community and instill values and responsibility within them.
- Lower the overall recidivism rate within the Juvenile Justice System.

## Program Details

- Youth are referred by the Juvenile Service Department.
- Program runs for approximately 12 weeks.
- Participants run in a nonprofit community race.
- Youth are eligible for mentorship and scholarship programs.

In our second year, we had an 88% attendance rate, with an 82% completion.

We also had 4 mentors, and 4 scholarship recipients.

87% of youth who successfully completed our program over the past two years have stayed clear of the Juvenile Justice System.

## Success Story

When Leo Manzano, 2012 Olympic Medalist, spoke to our youth it was truly life-changing. One of our youth felt so inspired by Leo's incredible story that he decided to aim and train for a track scholarship at a local University.

The youth already was a runner, and we set him up with a local coach. We told the youth that training with this coach would not be easy, as he trains his kids on Sunday mornings at 6 am. This didn't faze the young athlete; he was inspired and ambitious, completing a timed mile run 8 weeks later that crushed it at 5:27min/mile.

We are so proud of him for dreaming big, always showing up and having the discipline to keep training on his own during the week and with the coach on weekends. The youth completed our program by placing in first in his age group in the community race the group participated in. He graduated from high school and has since started community college — still chasing his dream.



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